



Your Leading Mental Health Resource
1000 Twinbrook Parkway, Rockville, MD 20851
301.424.0656 • www.mhamc.org

Military Outreach Initiative

Information and Resource Helpline of the HOPES Program



We are here to help you

-  The initiative is designed to help military families - Active, Reserve, National Guard and Veteran - find necessary resources in the community
-  The helpline can assist you in finding resources through our Specialized Information and Referral Services in The National Capital Region

Why would you want to call?

-  To gain access to mental health services in the area
-  To gain access to benefit service information
-  To gain access to family readiness organizations in the area
-  To gain access to information on housing, employment, transition assistance, recreation & substance use

*Phone line open 9:00-12:00 pm
Monday through Friday*

(301) 738-7176

- In the National Capital Region, an estimated 36,967 have “ever deployed.”
- Nearly 30% of all patients with combat-related injuries seen at WRAMC from 2003-2005 sustained a Traumatic Brain Injury (TBI)

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